

SHELDON HIGH SCHOOL
IRISH NATION NEWSLETTER
April 17, 2020

EDUCATIONAL RESOURCES

Get Moving - the Portland Trail Blazers are offering [Virtual PE](#) to keep students (and everyone) active and healthy!

Google Classroom: Instructions on how to access or set up Google Classroom can be found here: [Google Classroom Instructions](#)

ABC-CLIO – Explore outside the classroom. Students, continue you learning virtually! Discover video lessons, quizzes, and activities from ABC-CLIO’s databases that align to your classwork for spring topics in American History, American Government, and World History.

Eugene Public Library: currently signing up anyone for a library card by calling via phone (541) 357-7082, regardless of whether they live in the city limits or not. These cards would expire when we reopen to the public again. Once we reopen, card holders would need to pay the regular non-resident fee for continued access. But they don’t have to pay for using a card during the time the library is closed. **These cards would give access to digital collections, including eBooks, eAudiobooks, movies, etc.**

College Board: [College Board Coronavirus Update](#)

Wi-Fi Hotspots: Depending on your proximity to participating businesses and open spaces, you might have another option for free internet access: wireless internet hotspots. If you live in an area serviced by **Comcast Xfinity** or **Charter Spectrum**, you may be able to access one of their public Wi-Fi hotspots. Please note that this information does not apply to *residential hotspots*. [Wi-Fi Hotspot Information](#)

COMMUNITY RESPONDER

A Sheldon Community Responder is a volunteer that responds to “alerts” sent by the 15th Night Coordinator at Sheldon High School for needs specific to Sheldon High School students that have not been met by internal school resources. These type of alerts would be for items such as clothing, shoes, small household items, food or bedding. A Sheldon High School Community Responder would receive a text message indicating a need. If the Responder can provide the need, they respond to the text message and work with the Sheldon High School Coordinator to secure and deliver the item. Please contact Trista Neuman at Neuman_t@4j.lane.edu.

COMMUNITY RESOURCES

Food Resource List from the Advocacy and Outreach Workers of Lane County – Food banks, food pantries, congregate meal sites, and similar hunger-relief programs are considered essential services and are exempt from Governor Kate Brown’s orders to Stay Home, Save Lives, as well as the restrictions on public gatherings and food service facilities.

FOOD for Lane County (FFLC) continues to distribute food to our network of partner agencies. We are in regular contact with our partners to monitor for any closures or changes to normal operations. Additionally, we continue to receive updates from Lane County health officials, Oregon Health Authority, and Oregon Food Bank. Visit [Pantry Map](#) to see our pantry locator; possible COVID-19 updates are listed below.

We strongly recommend clients contact an agency in advance to confirm their hours of operation.

Pantries:

- Bethel Food Pantry at Bethesda Lutheran Church, Eugene
Normal distribution hours; food boxes only; no shopping, no entry into building
- Catholic Community Services, Eugene
Providing food boxes [Monday](#), [Wednesday](#), [Friday](#) from 9:00 am to 12:00 pm
- Catholic Community Services, Springfield
Providing food boxes [Monday](#), [Wednesday](#), [Friday](#) from 9:00 am to 12:00 pm
Not open on Saturdays until further notice
- Community Sharing
Normal distribution hours; food boxes only; no shopping
- Crossfire Hands of Hope, Springfield
Opening [April 2](#) for extra distribution
Food boxes only; no shopping, no entry into building
- Daily Bread, Eugene
Normal distribution hours; food boxes only; no shopping
- Eugene Faith Center
Planned reopening on [May 14](#)
- Florence Food Share
Normal distribution hours; food boxes only; no shopping
Effective [March 23](#) through [April 28](#), closed on [Monday](#) evenings
- God's Food Box, Alvadore
CLOSED, except for food boxes provided by appointment
Call 541-225-8115 or 541-915-8437 to arrange an appointment
- God's Storehouse, Harrisburg
CLOSED for March, except for food boxes provided in an emergency and by appointment
Call 541-359-5529 to arrange an appointment
- Helping Hand, Marcola
[April 17](#): Additional pantry day added. Otherwise, normal hours
Check-in at 9:00am, food distributed at 10:00am; Food boxes only; no entry into building
- McKenzie River Food Pantry
Now opens at 3pm; food boxes only; no entry into building
- Salvation Army Eugene
Effective [March 11](#): Normal hours; food boxes only; no entry into building
- Vincent de Paul Food Room
Effective [March 18](#): Normal hours; food boxes only; no entry into building

- Triangle Food Box, Blachly
March 20: Normal hours; food boxes only; no entry into building
- Up River Pantry, Dorena/Culp Creek
April 3: Additional pantry day added on the first Friday of the month

Meal sites:

- FFLC Dining Room, Eugene
Beginning March 16: Will provide up to 200 to-go meals beginning at noon; first come first served; no entry into restaurant
- Ebbert Memorial, Springfield
Normal hours; meals to go only
- Hope Center, Eugene
CLOSED
- Sunday Interfaith Breakfast (First Christian Church), Eugene
CLOSED—details forthcoming on a Downtown Food Hub supported by Sunday Interfaith Breakfast
- Shepherd’s Hand, Junction City
Both meal sites are closed through April 13
- Mary’s Breakfast, Eugene
CLOSED

Trillium Produce Plus:

- Bethel Farm, Eugene
Beginning 3/16, open every Tuesday and Friday, 11am – 3pm
All other sites closed until further notice.

White Bird Clinic – Please find updated info on the status of community resources in operation during the COVID-19 crisis here [White Bird Clinic](#). This is changing daily, as folks modify their hours and services to prevent the spread of the virus. We will update this information daily as the situation is rapidly changing. Send updates to info@whitebirdclinic.org.

Looking Glass Community Services – Station 7 continues to provide largely the same services we provided previous to Covid-19, we are just screening clients upon entry by taking temperature and assessing for Covid-19 symptoms and then we are practicing CDC and HUD recommended guidelines within shelter as far as social distancing and sanitizing goes. **We are able to take youth 11-21 at Station 7 but youth 18+ have to be in their own room (or in a room with only other 18+) and we have to prioritize 11-17 so we take those 18+ stays on a night by night basis depending on our room availability.** We also continue to operate the 24/7 crisis phone and texting line for the agency. Please visit the website for information [Looking Glass Community Services](#)

SHELDON NEWS

Yearbook – The yearbook will be going to print at the end of April. Please consider sharing your “Social Distancing” photos (zooming with friends, mock proms, hiking, family games – anything you’re doing during this time) to eShare, which can be downloaded as an app or www.hjeshare.com (enter the school code: Sheldon). Please email us if you have any questions - sheldonybk@gmail.com.

Administration Changes – Assistant Principal Mark Watson has been appointed to serve as Cal Young Middle School’s Assistant Principal in 2020–21, and will be leaving Sheldon at the end of the school year. Mr. Watson has long been an integral member of the Sheldon team, having served as an Assistant Principal for 15 years. Please join me in wishing Mr. Watson the best in his new role next year.

Athletics – Refunds for spring sports are being issued to families. For those students and families that paid by check or cash, could you please reach out to the Sheldon Finance office. We want to issue refunds to the correct family member. If you paid by credit card no need to reach out unless you have questions or concerns. Please call 541-790-6611 or email fogelstrom_j@4j.lane.edu.

CAREER CENTER / SCHOLARSHIPS

Sheldon seniors! Do you need money for college? Check out the scholarship tab in Naviance and find all kinds of scholarship applications specifically for Sheldon High School students! Many of these applications are for private award money that you do not have to pay back!!! Questions?? Email Kim in the Career Center at johannsen_k@4j.lane.edu

SENIORS / GRADUATION

Senior Update – Information was sent home on Friday (via email) regarding graduation giving clarity on what school will look like in the coming weeks. Please refer to the attachment in the email to find out if your student has completed the necessary credits needed to complete the requirements for an Oregon Diploma, or if there is a plan set up that will allow your student to complete the requirements for an Oregon Diploma this spring. Please read the letter carefully so that you know your options moving forward. Another copy is being sent via United State Postal Service that should be arriving this week. If you have any questions about how you will move forward this spring, please reach out to your school counselor. The counselors have the information that you need and the ability to create a plan for what is in the best interest of the student.

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| (A-G) | Kendra Brott | brott_k@4j.lane.edu |
| (H-N) | Tammy Humbert | humbert_t@4j.lane.edu |
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Recognition – The District is making plans to recognize the graduating Seniors. More information will be coming.

Shamrocking – Do you want to celebrate your Senior? How about your Athlete? Maybe it’s time for a birthday? Please see the attached flyer to celebrate that special moment in your student’s life.

Miners Graduate Services – Please contact Miners Graduate Services regarding your graduation announcement order through www.minersgrad.com or give them a call at 541-689-4588. They will make safe arrangements for you to pick up your order at a time that works. **Caps and Gowns are not available at this moment.**

DISTRICT NEWS

School Choice – In District Lottery 2020-2021

All Oregon schools are closed through April 28 under Oregon Governor Kate Brown’s Executive Order 20-08, due to the coronavirus COVID-19 pandemic. 4J schools and the district office are closed to the public, and staff are working remotely. For information about supports for 4J students and families during the extended school closure, please visit our website at <https://www.4j.lane.edu/communications/coronavirus/> Eugene School

District 4J is committed to welcoming families from other school districts to apply to attend 4J schools through the inter-district transfer lottery. We have pushed back the deadline to apply for the 2020-2021 inter-district transfer lottery from March 31, 2020 to April 30, 2020 to make sure that all families have the opportunity to apply for a transfer in the midst of the statewide school closure. **The new application deadline for the inter-district transfer lottery is Thursday, April 30, 2020 at 11:59 p.m. All families who applied for the inter-district transfer lottery in March and April will be notified of their lottery placements by May 15, 2020.**

After May 1, please log into your school choice account every 2-3 days to check your account dashboard for updates on applications. Please be aware that system email notifications may be sent by your system filter to SPAM/JUNK folders. *A parent or guardian must accept a seat offer within 5 business days or the system will automatically decline the offer.* You can log into your account dashboard at 4jschoolchoice.com. Or, the 4J School Choice website contains a link to the application and more information on out of district transfers at www.4j.lane.edu/outofdistricttransfers Please feel free to contact schoolchoice@4j.lane.edu with questions regarding the 4J School Choice program.

2020 Census: Every Kid Counts – Every 10 years, everyone living in the United States is asked to complete a simple questionnaire that asks for basic information about all the people in their home. The 2020 U.S. Census will determine congressional representation, inform hundreds of billions in federal funding including for schools and families, and provide data that will impact communities for the next decade. Families will receive a letter in the mail in March, telling you how to participate in the head count. Responding to the census is important, it's easy, and it's confidential. You can complete the census form online, by phone, or by mail. Children under the age of 5 are often missed. All kids count on the 2020 Census, no matter their ages. Make sure to count every child living in your home on **April 1** on your census form. **Visit 2020census.gov to learn more.**

Censo 2020: Cada niño cuenta – Cada 10 años, a todos los que viven en los Estados Unidos se les pide que completen un cuestionario simple con información básica sobre las personas en su hogar. La ciudadanía no importa, solo dónde viven. El Censo 2020 determinará la representación en el Congreso, informará a cientos de billones en fondos federales, incluso fondos para escuelas y familias, y proporcionará datos que impactarán a las comunidades durante la próxima década. Las familias recibirán una carta por correo en marzo, informándole cómo participar en el recuento. Responder al censo es importante, es fácil y es confidencial. Puede completar el formulario del censo en línea, por teléfono o por correo. Los niños menores de 5 años son frecuentemente extrañados. Todos los niños cuentan con el Censo 2020, sin importar su edad. Asegúrese de contar a cada niño que vive en su hogar el 1 de abril en su formulario de censo. **Visite 2020census.gov/es para obtener más información.**