

HIGH SCHOOL MENU: OCTOBER 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
~BREAKFAST~ Breakfast must include ½ cup of fruit or juice	WG Pancake with Sausage	Egg & Cheese Breakfast Sandwich	Breakfast on a Stick	Omelet & Hash Brown	Cinnamon Rolls

Available Daily Grab & Go Breakfast:

Franz Bagel & Cream Cheese, Yogurt, Breakfast Rounds, Cold Cereal and Homemade Muffins
Choice of Apple or Grape Juice, 1% or Skim Lockhead Milk and Fruit available with all entrée choices

~FAVORITES~ Offered with a Topping Bar		SPAGHETTI & ROTINI Protein: Dice Chicken & Meatball Sauce: Alfredo & Mariana	BURRITOS NACHOS TACO SALADS Taco Beef, Fajita Chicken, Refried Beans, Seasoned Brown Rice, Nacho Cheese	SPAGHETTI & ROTINI Protein: Dice Chicken & Meatball Sauce: Alfredo & Mariana	
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~GRILL~	Hamburgers Chicken Spicy Chicken Corn Dogs Offer with Tater Tots	Hamburgers Chicken Spicy Chicken Corn Dogs Offer with Tater Tots	Hamburgers Chicken Spicy Chicken Corn Dogs Offer with Tater Tots	Hamburgers Chicken Spicy Chicken Corn Dogs Offer with Tater Tots	Hamburgers Chicken Spicy Chicken Corn Dogs Offer with Tater Tots
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~ SUBS~	Ham & Cheese Turkey & Cheese	Ham & Cheese Turkey & Cheese	Ham & Cheese Turkey & Cheese	Ham & Cheese Turkey & Cheese	Ham & Cheese Turkey & Cheese
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~PIZZA~	Cheese Pizza Pepperoni Pizza Hawaiian Pizza or Chicken Bacon Ranch Pizza				Cheese Pizza Pepperoni Pizza BBQ Chicken or Chicken Bacon Ranch Pizza
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~SPECIAL~	General Tso Chicken with Brown Rice	Chicken Caesar Wrap	Pull Pork	Teriyaki Beef with Brown Rice	Roasted Chicken Legs, Thighs, Breasts
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Meal Prices

Breakfast: Student \$1.90 Adult \$3.50 Free/Reduce \$0.00
Lunch: Student \$3.40 Adult \$4.00 Free/Reduce \$0.00

MENU IS SUBJECT TO CHANGE

USDA and Eugene School District are equal opportunity provider and employer