

## **November 4, 2016 Advisor Lesson Plan**

## **Objectives of Lesson:**

- Learning strategies
- Goal setting in four year plan and profile

| Time      | 30 minutes                    | 30 minutes |  |  |
|-----------|-------------------------------|------------|--|--|
| Materials | Learning strategies handout   |            |  |  |
|           | 2) Student file folders       |            |  |  |
|           | 3) Four year plan and profile |            |  |  |

## **Learning Process Overview**

| Topic   | Time    | Steps   |
|---|---------|---|
| Welcome   | 3 min.  | Attendance and general welcome  |
| 1) Student learning strategies  | 15 min. | Have students write answers to the five questions on the handout     Discuss student answers and talk about a variety of learning styles     Go over vocabulary on the back of handout.   |
| 2) continue from last week to update different sections of the four year plan and profile | 12 min. | <ul> <li>2) (for each of the following, if 9<sup>th</sup> grade was not filled out last year, students should fill it out now)</li> <li>p.7 Post High School Plans</li> <li>fill in 10<sup>th</sup> grade section</li> <li>p.8 Career Interests &amp; Goals</li> <li>fill in 10<sup>th</sup> grade section</li> <li>p.9 Achievements</li> <li>fill in what they can for 10<sup>th</sup> grade section</li> <li>p.10 Activities Record</li> <li>fill in what they can for 10<sup>th</sup> grade section</li> </ul> |

## Discussion Questions: Successful Learning Strategies

| 1. | What does it mean to be a successful learner?   |
|----|---|
| 2. | What are some <b>strategies</b> you use to learn?   |
| 3. | How would you describe your learning style?   |
| 4. | How can you apply a sports model of <b>practice</b> to improve your ability to <b>study and learn</b> ? |
| 5. | Explain how you can improve your <b>study habits</b> this school year                                   |